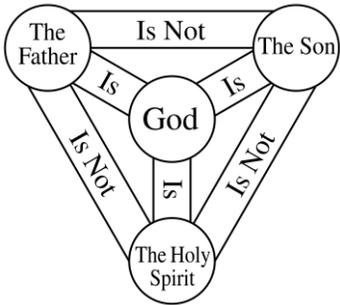


HOLY SPIRIT FLAVOURED with Natalie Frisk

APPETIZER: Sundae School Lesson



The Trinity is God: Father, Son, and Holy Spirit.

Galatians 5:22-23; John 14:15-29

DINE IN: The Spirit of God Lives in You

Acts 2:1-2

The Spirit of God is like our breath. God's Spirit is more intimate to us than we are to ourselves.

~Henri Nouwen

Why are you standing here staring into heaven?

Holy Spirit Activity: before Pentecost vs. after Pentecost

- Judges
- Prophets
- Kings
- Israel

The Spirit of God, who raised Jesus from the dead, lives in you.

~Paul

TAKE OUT: Tastes like strawberry?

How can our lives be completely flavoured by the Holy Spirit?

1. Take time to listen to the Spirit
2. Live in the awareness of our *sentness*
3. Consider our actions through the lens of the Fruit of the Spirit:
 - Do I **love** others in a Jesus-kind-of-way?
 - Does **joy** exist in my life?
 - Do I display a Christ-centred **peace**?
 - Am I **patient** in tough times?
 - When people are rude or discourteous, am I **kind**?
 - Do I share God's **goodness** to others around me?
 - Am I **faithful** to God's way?
 - Are my actions and words coated in **gentleness**?
 - Am I **self-controlled** in my life and habits?

Further reading:

Surprise the World: The Five Habit of Highly Missional People (Michael Frost)

NEXT WEEK: *Faithful One: The Promise and the Pain #4*

Home Church Questions

HANGOUT [Warming Up to the Topic – in one Large Group]

1. What stood out to you in Sunday's message?
2. What are different metaphors you have heard to explain the Trinity? What limitations do you find with them?
3. A.W. Tozer once said, "If the Holy Spirit was withdrawn from the church today, 95 percent of what we do would go on and no one would know the difference. If the Holy Spirit had been withdrawn from the New Testament church, 95 percent of what they did would stop, and everybody would know the difference." Do you agree or disagree with this statement? Why?

HEAR [Listening to God through Scripture – in Discussion Groups]

4. Read **Acts 2:1-21**.
 - a. Re-read **Acts 2:1-4**. Try to picture what that would have been like. What do you imagine as we read this together?
 - b. Re-read **Acts 2:5-12**. Consider you were part of the crowd. What would you try to reason was happening? What would be your immediate reaction to this situation?
 - c. Have you ever tried to rationalize a situation that would otherwise have been viewed as supernatural? What happened?
 - d. Re-read **Acts 2:16-21**. What part of this passage stands out to you? Why is this passage still revolutionary for us today?
5. Read some of the following passages and discuss the function of the Holy Spirit in our lives: **Ephesians 1:13-14**; **Ephesians 3:4-6**; **Galatians 5:16-26**; **John 14:16-17**.

HUDDLE [Making It Personal and Praying Together – in Huddles]

6. How have you taken time this week to listen to the Spirit in your life? If you haven't done so yet, when and how can you create the space to simply listen?
7. This week, when have you been aware of your *sentness*? What do you do to prompt yourself to remember or consider your *sentness*?
8. Discuss ways to prompt and remind one another on how to listen to the Spirit and live in an awareness of your *sentness* this week. Pray together.