

WAY TÖ PRAY

Week 1: *Praying Like Jesus*

Week 2: *Praying Through Scripture*
Week 3: *Praying the Prayers of Others*

APPETIZER: Teach Us To Pray

Luke 11:1-13

1. PLACE – Find a comfortable, quiet, private place. (A “prayer closet”)
2. POSTURE – Sit or stand or kneel or walk.
3. TIME – Aim for 10 minutes to an hour per day.
4. VOICE – Pray out loud, even if only mumbling.
5. SHARE – Talk to your Home Church and Huddle members about your experiences. Also Tweet me, Facebook me, or BBM me too, to let me know about your experiences. (BBM: “caveman”)

DINE IN: Our Model Not Our Mantra (Matthew 6:9-13)

OUR

- You have invited me into a family! Thank you for this love life, this community! Thank you for all my brothers and sisters, including Jesus!
- I thank you specifically for... [think of people in our Church family and other Christians who God uses to encourage and challenge you. Let gratitude flood your thinking.]

FATHER

- The creative energy of all things... is my Dad!
- I am surrounded by your love life.
- Help me see your instinctive, unconditional love for me this day.

WHICH ART IN HEAVEN, HALLOWED BE THY NAME.

- Hallelujah! Your name is holy. You are above and beyond all the insecurity, hatred, fear, and confusion that is so much a part of this world. You are pure and perfect.
- I praise you for... [think of attributes of God that you've seen demonstrated over the last 24 hours and celebrate them].

THY KINGDOM COME, THY WILL BE DONE IN EARTH, AS IT IS IN HEAVEN.

- Come Jesus and lead me. May your will be done, starting in my life.
- Please help me to experience and extend your kingdom this day.

GIVE US THIS DAY OUR DAILY BREAD.

- Father I pray for today's basics. For me, and those around me. [Take time to pray for whatever needs you are aware of.]
- Please fill me with the Spirit of Christ to guide me and make my spirit strong.

AND FORGIVE US OUR SINS,

- Thank you for your complete forgiveness and cleansing.
- Please bring to mind any way I have sinned over the last 24 hours, since last we talked in prayer.
- [Wait, review your day, listen for the conviction of the Spirit. As failures come to mind, acknowledge them, and thank God for his mercy and grace.]
- And Father, I now pray this all for my family, my friends, and my church, and OUR sins.

AS WE FORGIVE THOSE WHO SIN AGAINST US.

- Thank you God for teaching me how to love like you love, to forgive like you forgive.
- Please, Holy Spirit, bring to mind anyone that I might be holding on to unforgiveness toward, no matter how small.
- [Wait, review your day, listen for the conviction of the Spirit. As small (or large) instances of being slighted come to mind, acknowledge them, let them go, and thank God that his Spirit is partnering with your spirit to move you toward “keeping no record of wrongs”.]
- And Father, I also pray this all for my family, my friends, and my church.

AND LEAD US NOT INTO TEMPTATION,

- Father, I acknowledge that I struggle to resist the temptation toward the sin of _____. Please lead me away from this temptation, and give me the strength to enthusiastically partner with your Spirit as you lead me.
- [Take time to think about those instances when you tend to give in to temptation, and picture yourself listening instead to God's Spirit and making different choices. Invite the Holy Spirit to be your guide, and let yourself sense his pleasure in this partnership.]
- And now Father I pray for _____, and *their* struggle with temptation. Please convict and strengthen them. And please alert me to ways I too can partner with them in their struggle.

BUT DELIVER US FROM EVIL:

- Father, I acknowledge that by myself I can be very weak and often make unloving choices. Please knit me closer and closer with my brothers and sisters in Christ, so that TOGETHER you will deliver US from evil.
- Please give me, and all of us, the courage to talk openly and honestly with one another about our struggles, and to ask the loving questions that lead to accountability and restoration.

FOR THINE IS THE KINGDOM, AND THE POWER, AND THE GLORY, FOR EVER.

- Father, before I finish, I want to praise you more. I sense how much you care for me. I want nothing and no one else to be king in my life, to be Lord of my loyalties.
- [Return to reviewing God's greatness. Get lost in the vastness of the glory of God's power, God's creativity, and God's love for you.]

AMEN.

TAKE OUT: When, Where, How Long?

I will endeavour to pray every day this week...

WHEN: _____
WHERE: _____
FOR: _____ min.

NEXT WEEK: Way To Pray (Part 2)

Home Church Questions

HANGOUT [Warming Up to the Topic – in one Large Group]

1. What stood out to you the most from Sunday's prayer workshop?
2. In the area of having a consistent daily prayer time, what rating out of ten would you give yourself? (Take note of those who are more consistent in daily prayer and ask them follow up questions about what helps, what motivates, and what sustains them.)

HEAR [Listening to God through Scripture – in Discussion Groups]

3. Read **Luke 11:1-13**.
 - a. What verse or idea stands out to you the most? Why?
 - b. How much do you pray with "shameless audacity" (NIV)? What does/might that look like in your prayer life?
 - c. What is Jesus saying we really "need" every day? What does that look like in your daily experience?
 - d. What is the biggest hurdle for you to overcome in order to enjoy a thriving daily prayer life?

HUDDLE [Making It Personal and Praying Together – in Huddles]

4. PRAY! After taking a few minutes to catch up, pray through the Lord's Prayer together. Have one person read each line and allow a couple minutes for everyone to pray out loud, yet quietly.

January 7/January 14, 2018 // @bruxy

Quotes

Welcome to our first series of 2018! We are kicking off this "Year of GO" by spending extended times in prayer, in our Sunday services and in our Home Churches.

Jesus taught his disciples the way to pray in Luke chapter 11, where we read...

One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, "Lord, teach us to pray, just as John taught his disciples."

He said to them, "When you pray, say:
"Father,
hallowed be your name,
your kingdom come.
Give us each day our daily bread.
Forgive us our sins,
for we also forgive everyone who sins against us.
And lead us not into temptation."

"So I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.

"Which of you fathers, if your son asks for a fish, will give him a snake instead? Or if he asks for an egg, will give him a scorpion? If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!"