



Week 1: Being Human  
 WEEK 2: Being In Community  
**Week 3: *Being in Family***  
 Week 4: Being in Yourself  
 Week 5: Being in Step with the Spirit (Specific ethical issues)

## INTRODUCTION – The Incredible Shrinking Family

The amount of time young people spend with media has grown to where it's even more than a full-time work week. When children are spending this much time doing anything, we need to understand how it's affecting them – for good and bad.  
 ~ Drew Altman, Ph.D., President and CEO of the Kaiser Family Foundation

### Family Media Discernment:

- OLD WAY...  
 What is the effect of the content of the media we absorb?
- NEW WAY...  
 What is the effect of the content, form, and quality of the technology we use?

## DINE IN – Family is Foundational

1 Timothy 5:8; Genesis 5:1-3

Ephesians 3:14; 6:1-4

Technology's potential negative effects on our family...

- 1) Diminishing family time.
- 2) Diminishing shared experience.
- 3) Diminishing ability to focus, relate, and resolve conflict.

## TAKE OUT – I'll Have That to Go Please

Your family – biological, adopted, and spiritual – is God's most fundamental context for you to become the person God wants you to be. They are the soil God gave you to grow in. Be relentless about using technology to cultivate this most precious soil, not uproot from it.



## CONCLUSION – If Your Family is Broken Apart

Matthew 12:46-50 / Mark 3:31-35 / Luke 8:19-21...  
 - Jesus' family is anyone who hears the word of God and does it.

Matthew 19:29 / Mark 10:28-30 / Luke 18:28-30...  
 - If your faith costs you your family, God will give you more.

2 Corinthians 16:14 – Do everything in love.

Q & Eh? Text 647.330.2789 or email ask@themeetinghouse.ca

### HOME CHURCH QUESTIONS

#### Warming Up...

1. Last week you talked about specific ways you could embody truth in love this past week. Did you follow through? Talk about it.
2. How is social technology similar/different to "the ring" in Lord of the Rings?

#### Look to the Book...

3. Read **Ephesians 3:14; 6:1-4**. A) What verse or idea stands out to you the most? Why? B) God could have created and sustained humans any way he wanted, and he chose families. Why do you think that is? C) What are some ways this week you have actively prioritized and celebrated the family God has placed you in (whether biological, adopted, or spiritual)? D) Why do you think God gave a specific promise of blessing to those who obeyed the commandment to "honour your father and mother"? E) What are some examples of how parents might needlessly provoke their children to anger? F) What are some regular family practices that can help children grow "in the training/discipline and instruction of the Lord"?

#### So What?...

4. Whether your parents are alive or dead, near to you or far away – what is something you could do this week to honour them? Commit to something specific and be ready to talk about how it went next week.
5. What is the opposite of provoking your children to anger? (Maybe, surprising them with grace? Something else?) How could you do that this week? Commit to something specific and be ready to talk about how it went next week.
6. What is one change in how you use technology you can make this week to strengthen your family bonds? Commit to something specific and be ready to talk about how it went next week.