

GET OVER YOURSELF

REBELLING AGAINST THE
CULTURE OF NARCISSISM

Part 2

TECHNOLOGY: The Culture of i

Personality does not exist in isolation. This increase in narcissism in individuals is, we believe, just an outcome of a massive shift in culture toward a greater focus on self-admiration.

~ Jean M. Twenge, PhD & W. Keith Campbell, PhD
The Narcissism Epidemic: Living in the Age of Entitlement

Having changed ourselves, we no longer perceive our transformation.

~ Roger Kimball, *New Criterion*

I'm good enough. I'm smart enough. And doggone it, people like me.

~ Stuart Smalley, *Daily Affirmations*

The narcissist spends his or her life regulating his or her social relationships in order to maximize self-admiration.

~ Jean M. Twenge, PhD & W. Keith Campbell, PhD
The Narcissism Epidemic: Living in the Age of Entitlement

Like that eternally distracting reflecting pool of Greek lore, the Facebook profile can become an abyss of self-love that consumes one entirely.

~ Caitlin Mueller, *Stanford Daily*

Because screen culture is rooted in a peakaboo mentality anchored in images, today's teens are expert exhibitionists, vigilant voyeurs, and novice narcissists.

~ Candice Kelsey, *Generation MySpace*

What's the point of taking pictures with your friends if you don't post them online?

~ Karina, 16, *Generation MySpace*

Everyone in the back of his mind wants to be a star.

~ Chad Hurley, founder of *YouTube*

As long as people continue to be pumped up with false feedback, connected in illusory close relationships, and driven by flash rather than substance – that is, as long as fantasy can trump reality in the game of life – narcissism will thrive.

~ Jean M. Twenge, PhD & W. Keith Campbell, PhD
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Our self-absorption is not only slowly killing us personally but also setting up our whole world for a tragic collapse.

~ David A. Zimmerman, *Deliver Us from Me-Ville*

There's a trick to being human; you only have to think about yourself.

~ Gaius Baltar, *Battlestar Galactica*

**What are mere mortals that you are mindful of them,
human beings that you care for them?
You made them a little lower than the angels;
you crowned them with glory and honour
and put everything under their feet.**

~ Hebrews 2:6-8 (TNIV)