



# DUPED?

QUESTIONING THE LOGIC  
OF POP SPIRITUALITY



## Part 4: Living in the Spirit Now

### INTRODUCTION — Being Wrapped In God’s Love

- Part 2 (April 19): ECKHART & THE LOGIC OF GOD
- Part 3 (April 26): DEEPAK & THE TEACHINGS OF JESUS
- Part 4 (May 3): LIVING IN THE SPIRIT NOW
- Part 5 (May 17): DID JESUS REALLY EXIST (& DOES IT EVEN MATTER?) [May 10: Mission 2 Sunday]
- Part 6 (May 24): JESUS, CHRIST OR COPYCAT?

*We are not temporary, transient manifestations of the same cosmic blanket, but valuable, enduring persons wrapped in the blanket of God.*

Acts 17:27-28; Colossians 1:17

### DINE IN – Cultivating A Mary Heart In A Martha World

Luke 10:38-42

- Entertaining versus Hospitality
- How to make a guest welcome.
- What is the significance of sitting at Jesus’ feet?
- Transcending gender roles
- What is really bothering Martha?
- What is the “one thing”?

Acts 22:3; Luke 4:4

### TAKE OUT – Can I Have That to Go Please?

#### TAKE OUT #1: Learning To Be Fully Present In The Now

When we learn to be fully present in the now, we will become better equipped to love God and to love others as we love ourselves.

#### TAKE OUT #2: Discovering Who We Truly Are

Who we are is more than the sum of our thoughts. We are the will, the awareness, the spirit between or behind the thoughts. This discovery empowers us to live from the inside out, in partnership with God’s Spirit.

#### TAKE OUT #3: Taking Responsibility For Being Filled With The Spirit

When we learn who we are, and we learn how to be fully aware in the now, we will find that we are not alone.

John 14:26; Romans 8:9; Galatians 4:19; 1 Corinthians 13:3

Ephesians 5:18

1 Thessalonians 5:16-18

### CONCLUSION – Take A Deep Breath

John 20:22; Acts 17:24-28; 2 Corinthians 3:17

BREATH / SPIRIT / WIND = Hebrew: *ruach*; Greek: *pneuma*

### HOME CHURCH QUESTIONS...

#### WARMING UP...

1. How grateful have you been today, for today? How grateful are you now, for now?
2. After reviewing Sunday’s message, talk about what most encourages, challenges, or confuses you.

#### LOOK TO THE BOOK...

3. Read Jesus’ words about living in the *now* in **Matthew 6:25-34**. A) Based on what you know so far (however much or little), in what ways does Christ’s teaching in this passage overlap with some New Age teaching? B) In what ways does it diverge?
4. Read the Apostle Paul’s words about experiencing God in the present moment in **1 Thessalonians 5:16-18**. Have it read aloud, slowly, in different translations if possible. Listen closely and let the meaning sink in. A) Look at the pervasive, ongoing nature of the instructions – always, without ceasing/continually, in everything. Talk about what this means and ways this can be realistically experienced? B) Look at the three things we are to do continually – rejoicing, praying, thanking. What does each attitude or expression mean? What would each be like when experienced in you? C) Which of the three is harder for you? Which comes more naturally? D) What could be the spiritual and psychological benefits of living out this biblical teaching? E) On a scale of one to ten, how well have you lived this way in the past? F) How much do you desire to live this way in the future?

#### SO WHAT?...

5. Let’s forget about the past and the future and live out **1 Thessalonians 5:16-18 NOW**. Take 10-20 minutes now to socialize or just hang out. Get something to drink, meet new people, or sit and observe. Try to be aware of God in each moment, and be thankful for his presence, for others, and for the opportunity to be you in the midst of it all. Be filled with the Spirit. If time permits, talk about your experience afterwards.

**Bruxy Cavey @ THE MEETING HOUSE – Sunday, May 3, 2009**